## HURSTHEAD INFANT SCHOOL

## Water Availability in School

Research through national campaigns such as 'Water is Cool in School' has proven that access to water throughout the day helps to optimise children's learning (increasing their concentration) and maintains children's health. At Hursthead Infant School we address this issue in the following ways:

- We ask each child to bring a reusable bottle to school each morning filled with water from home. Please do not bring the bottle in your child's school bag in case of spillages!
- Bottles can be topped up during the day when, and if, they become empty.
- We wish to promote the scheme for health reasons. Drinks other than water are not allowed in the bottles. If this is a concern for your child please speak to the Class Teacher.

Thank you for supporting the school's water availability scheme.

## The National Fruit Scheme

Hursthead Infant School participates in the Government's National Fruit Scheme for 4 - 6 years olds. Under the scheme each child is entitled to receive a free piece of fruit (at Hursthead Infant School this is eaten during morning break). The fruit varies between bananas, apples, pears or easy peel citrus fruit. The scheme is purely voluntary and there is no obligation for your child to take part. Please do ensure you notify school and the Class Teacher of any allergies your child may have.

## The School Milk Scheme

We are part of the Government's School Milk Scheme and our under 5s receive milk daily which is fully funded. If parents wish for their child to receive milk in school when they turn 5, they can register and pay

online at <u>www.coolmilk.com</u>. This is subsidised.

If you have any questions regarding school milk, please contact the school office or Cool Milk directly by visiting <u>www.coolmilk.com</u> or 0800 3213248.