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 HURSTHEAD INFANT SCHOOL

 *We care, we learn, we belong*

 Headteacher: Mrs J Driscoll

 Kirkstead Road, Cheadle Hulme, Stockport, Cheshire SK8 7PZ

 Tel: 0161 439 2238 Email: Headteacher@hursthead-inf.stockport.sch.uk

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Dear Parents

Please find below details of a Zoom session presentation entitled ‘Your Child After Lockdown’ that we are offering to you free of charge. The presentation is led by Anne Cresswell, a qualified health visitor and parenting specialist. It aims to provide parents with information and advice on how to help their children adjust emotionally, manage anxiety and build resilience in these challenging times. Many children have struggled with difficult behaviour and emotional distress as a result of the pandemic which can lead to frustration for parents and a feeling of not knowing how best to support their child. The presentation will take place on Wednesday 21 April from 7.30 to 8.30pm. Places are limited so please register in advance for this meeting on the link below:

<https://us02web.zoom.us/meeting/register/tZcvf-2urDwqEt2xPfK1nwYlj6ArBvaw6pw6>

After registering, you will receive a confirmation email containing information about joining the meeting.

We hope you find the presentation useful.

Take care & kind regards

Jane Driscoll

Headteacher